

Author Guidelines

**Dhammacakka Journal of Buddhism and Applied Buddhism, a peer reviewed, DOI
Assigned Journal**

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Lumbini Research Center, Lumbini Buddhist University

Language

Manuscripts must be written either in English or in Nepali, Pali, Sanskrit or Bhot Bhasha. Mixing two or more of these languages within a single manuscript is not permitted.

Scope of the Journal

Articles should focus on either Buddhism or Applied Buddhism. The research area can be:

- Buddhist Philosophy, Literature, Education, and Culture
- Buddhist Archaeology, Art, Architecture, and Law
- Buddhist Meditation, Psychology, and Management
- Contemporary Applications of Buddhist Insight (Applied Buddhism)

Manuscript Structure

Each article must follow the following structure:

- **Title** (The title should accurately reflect the content and scope of the study. It should be clear, concise, informative, and academically appropriate.)
- **Author's Name, Affiliation, and Email Address**
- **Abstract** (The abstract should succinctly present the Background, Objective, Method, Results, and Conclusion in a concise, integrated narrative format between 150 to 200 words in a single paragraph.)
- **Keywords** (Provide five keywords or keyword phrases that accurately represent the main concepts of the study. Keywords should be arranged alphabetically, written in lowercase letters (except for proper nouns), and separated by commas.)
- **Introduction** (The Introduction also should be written in an integrated narrative format, incorporating 1. Background of the Study 2. Statement of the Problem 3. Research Questions 4. Objectives 5. Significance of the Study)
- **Literature Review and Research Gap** (The literature review should critically examine relevant scholarly works, theories, and previous studies related to the research topic to establish the academic context of the study. It should identify areas of agreement, disagreement, and existing knowledge while demonstrating how the current study builds upon or differs from earlier research. The research gap should clearly identify the unresolved issues, limitations, or underexplored areas in the existing literature and justify the need for the present study.)

- **Methodology** (The methodology should briefly describe the research approach, methods, sources or data, and procedures used in the study.)
- **Results and Discussion** (Present the findings logically and discuss their significance in relation to the research objectives, existing literature, and the broader context of the study. The analysis should demonstrate critical interpretation rather than mere description. Where appropriate, use tables, figures, or quotations to support the findings.)
- **Conclusion** (The conclusion should synthesize the major findings of the study, demonstrate how the research objectives have been achieved, and highlight the study's theoretical, practical, or scholarly contributions. It should also acknowledge the limitations of the study, offer recommendations or practical implications where appropriate, and suggest directions for future research. The conclusion should not introduce new data, arguments, or evidence.)
- **Works Cited** (The *Works Cited* section should list only the sources cited in the manuscript. Entries must follow the MLA 9th Edition style, be arranged alphabetically by the author's last name, and provide complete and accurate bibliographic information.)
- **Appendices if applicable** (Only if applicable, include supplementary materials that support the study, such as questionnaires, interview guides, additional tables, figures, datasets, or other relevant documents. Each appendix should be clearly labeled and cited in the main text.)

Note: The structure of the Introduction may vary depending on the nature and scope of the study.

Formatting Requirements

- Follow MLA 9th Edition referencing style
- Word count: 3,500 to 4,500 words (including Works Cited Section)
- Font: Times New Roman, 12-point
- Line spacing: 1.5, fully justified
- Indentation: First line of each paragraph indented 0.5 inches
- Margins: Top, Bottom, Right 1 inch; Left 1.5 inches
- The article must be original, unpublished, and not under consideration elsewhere

Figures and Tables

- Figures must be submitted in color or grayscale (avoid image-based text or text boxes)
- Tables must be created in MS Word (not inserted as images)

Citations and Referencing Style (MLA 9th Edition)

- All citations and references must follow the Modern Language Association (MLA) 9th Edition format.

In-Text Citations (MLA Style)

- Use the author-page format: (Author's Last Name Page Number) Example: (Rahula 45)
- For two authors, include both last names: (Author1 and Author2 Page Number) Example: (Rahula and Nyanaponika 112)
- For three or more authors, use the first author's last name followed by et al.: (First Author et al. Page Number) Example: (Bhikkhu et al. 88)
- If the author's name is mentioned in the sentence, include only the page number in parentheses: Example: As Rahula observes, mindfulness is crucial (45).

Works Cited

- Title the list as Works Cited (not "Bibliography" or "References")
- Arrange entries alphabetically by the author's last name
- Use a hanging indent (0.5 inches) for each entry
- Use title case for source titles (capitalize major words)
- Follow the container system when applicable (e.g., article in a journal or chapter in a book)
- Italicize the titles of books and journals
- Use quotation marks for articles, chapters, and short works
- Use Endnotes sparingly and only for brief clarifications—not for citation purposes

Acronyms and Abbreviations

- Spell out and define each acronym or abbreviation upon first use in the text
- Avoid abbreviations in the title

Conclusion

The conclusion should:

- Summarize the key findings
- Highlight the significance or implications of the study
- Suggest recommendations or applications
- Mention limitations and areas for future research
- Avoid simply repeating the abstract

Peer Review Process

- All submissions will undergo a double-blind peer review
- Articles will be evaluated based on originality, clarity, relevance, and academic contribution
- The Editorial Board reserves the right to accept or reject submissions based on reviewer's feedback

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Submission Email

Please submit your manuscript (MS Word format) to: **dhammacakka.journal@lbu.edu.np**